

# Middlebury Friends Meeting

March  
2009



# MARCH 2009

SUN	MON	TUES	WED	THURS	FRI	SAT
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

## QUAKER CALENDAR OF EVENTS

- Every Saturday 10:30 AM Vigil for Peace on the Triangle Green, downtown Middlebury. Until 11 AM.
- Wed. Mar. 4 7:00 PM Women's group at Sas Carey's, 388-7684
- Sat. Mar. 7 6:00 PM Quarterly Meeting simple supper and committee meetings at Havurah House
- Sun. Mar. 8 8:15 AM Quarterly Meeting program, worship and meeting for business at Havurah House
- Wed. Mar. 11 7:00 PM Men's Group at David Andrew's, 388-4894
- Fri. Mar. 13 7:00 PM Potluck at Colwell's, 388-3632 or 388-1961 Speaker: Joseph Gainza, VT AFSC
- Sun. Mar. 15 11:30 AM Monthly Meeting for Business
- Sat. Mar. 21 9 AM-4 PM Green Energy Expo at MUHS. Contact Laura Asermily for information
- Sun. Mar. 22 2:00 PM Memorial Service to celebrate the life of Olive Colwell at Havurah House (*see Memorial Minute, page 8*)
- Tues. Mar. 24 7:00 PM Outreach & Social Action Committee. Karen Nawn-Fahey's, 989-3081

cont.

“...And please, God, keep [President Barack Obama] safe. We know we ask too much of our presidents, and we’re asking far too much of this one. We implore you, O good and great God, to keep him safe. Hold him in the palm of your hand, that he might do the work we have called him to do, that he might find joy in this impossible calling, and that in the end, he might lead us as a nation to a place of integrity, prosperity, and peace. Amen.”

—REV. GENE ROBINSON, from his invocation 1/18/09

- |              |          |   |
|--------------|----------|---|
| Sun. Mar. 29 | 8:30 AM  | Friendly Forum: <i>The Role of Resistance in the Spiritual Journey</i> , facilitated by Mary Kay Glazer |
| Sun. Mar. 29 | 10:00 AM | Intergenerational Meeting at Havurah House, followed by enhanced hospitality of finger foods            |
| Wed. Apr. 1  | 7:00 PM  | Women’s group at Grace McGrath’s, 388-6576  |
| Tues. Apr. 7 | 11:00 AM | Fellowship Committee at Carol’s Hungry Mind   |

## PROGRAM FOR NORTHWEST QUARTERLY MEETING

MARCY 7-8, 2009, MIDDLEBURY, VERMONT

### Saturday March 7

- |        |   |
|--------|---|
| 6-7 PM | Simple Supper   |
| 7-9    | Committee Meetings<br>(Spence Putnam to clerk <i>Peace and Justice</i> )<br>Young Friends to Karen Nawn-Fahey’s house |
| 9:00   | End Committee Meetings  |

### Sunday, March 8

- |                   |                      |
|-------------------|----------------------|
| 8:15-9 AM         | Light fare breakfast |
| 9:00-10           | Program              |
| 10:00-11:00       | Meeting for Worship  |
| 11:15 AM-12:30 PM | Lunch                |
| 12:30-3 PM        | Meeting for Business |

# Middlebury Friends Meeting

## Monthly Meeting for Business

15 February, 2009

Clerk: Becky Stratton

Recording Clerk: Priscilla Baker

Present were Laura Asermily, Tom Baskett, Ted Colwell, Win Colwell, Manya Dickinson, Tom Dickinson, Sam Fogel, Wendy Goodwin, Stewart Kirkaldy, Brud Leedom, Faith Lowell, Grace McGrath, Karen Nawn-Fahey, Fran Putnam, and Spence Putnam.

Co-clerk, Becky Stratton, opened Monthly Meeting for Business by reading the prayer given by the Rev. Gene Robinson, gay Episcopal Minister, at the opening of the Inaugural Concert in Washington D.C., two days before Barak Obama was inaugurated.

**09.02.01 Minutes from 17 January 2009** were accepted as printed in the newsletter.

**09.02.02 Treasurer's Report** (from Spence Putnam): "During the month of January, we had income of \$369.75 and expenses totaling \$3,841.00: \$500.00 for rent, \$500.00 for New England Yearly Meeting, \$125.00 for Northwest Quarterly Meeting, \$21.00 for postage, and \$120.00 for children's program, plus \$2,575.00 for benevolences. All benevolences are now paid except for \$250.00 for Camps & Conferences, and the Contingency Fund still has \$600.00 remaining (\$50.00 was paid out of this fund this month for the MTCC Community Lunch Program). The checking account balance at the end of January was \$2,866.81, which includes \$700.00 in the carry-over contingency fund. The bank balance as of February 10th was \$2,720.96."

**FOLLOWUP:** Two requests for financial support were presented

1. Friends Committee on National Legislation, FCNL, has had to cut staff and reduce programs in Washington because of budget deficits. Although FCNL receives an annual contribution from MFM it was agreed to refer this urgent request for additional support to the Finance Committee who will report back at March MM. Individual Friends are encouraged to consider a donation to this important Quaker organization that has been a voice of social justice and peace on Capital Hill for many years. More information may be sought from Steward Kirkaldy, MFM liaison to FCNL.
2. Worship and Study Committee requests an honorarium of \$100 be paid to traveling Friend, Elaine Emily, who visited MFM last fall and led two sessions on eldering with Middlebury Friends. This was approved. Friends and committees are reminded to anticipate such expenses and present them ahead of time.

The treasurer's report was accepted.

*cont.*

09.02.03 **Worship and Study Committee (WSC)** (report from Tom Baskett, edited for these minutes by the recording clerk)

- 1) *The next intergenerational meeting will be held March 29<sup>th</sup>.* The committee recommends quiet toys be available, to one side of the room and supervised by an adult, as was done at a previous intergenerational Meeting.
- 2) *Honorarium to Elaine Emily:* WSC will request an honorarium of \$100 be paid for Elaine Emily's visit to MFM last fall. The honorarium will be paid to Advent Ministries, a non-profit that funds travel and supports emerging ministries. Elaine Emily will be at Powell House in September of 2009. WSC will consider whether to issue an invitation to her to return to MFM.
- 3) *Committee membership and terms of WSC members:* WSC is supposed to have 4 permanent members. At present, these are Tom Baskett, Jean Rosenberg, Mary Kay Glazer, and Win Colwell. Membership is supplemented by attendance of the librarian (Rebecca Holmes) and the First Day School representative (Joanna Colwell). The terms are for 2 years and these are staggered in alternate years. The committee would like to add another member.
- 4) *Friendly Forums are generally held the 4<sup>th</sup> Sunday of each month;* however, it would be preferable to schedule them the last Sunday of the month. Mary Kay offered to lead a FF on "The Role of Resistance in the Spiritual Journey" (March 29). The Pastoral Care Committee requested one on "The Healing Circle" (Feb. 22, to be led by Sas Carey). Tom offered to do a FF on the Light as a central Quaker symbol (April 26), and Gary Margolis has offered to do another FF on multiple traditions.
- 5) *Clearness Committee Report on Mary Kay Glazer's Vocational Discernment:* Mary Kay's committee members, Tom Baskett, Priscilla Baker, Jean Rosenberg, and Mark Moss, meet with her 4 or 5 times/year. They have prepared a report and Mary Kay has prepared a personal report. These were presented to WSC. It was noted that NEYM resource person, Jan Hoffman, helps others see their call to ministry. The clearness committee's report will be read at Monthly Meeting.
- 6) *Queries:* Mary Kay prepared a list of 12 queries from the spiritual survey responses. In line with the WSC's interest in expanding thematic discussions, we will suggest these queries be considered at Men's Group, Women's Group, Friendly Forums, or during hospitality. We will suggest a bulletin board be set up in the hallway with the current query on display for Friends who may want to discuss the query informally, or it could be added to the calendar board.

The next Meeting of WSC will be March 8, 2009 at Havurah House.

**FOLLOWUP:**

- *MM decided to publish these new queries on the Listserv and to include them in the next newsletter.*

*cont.*

- *Nominating Committee has been asked to invite another Friend to serve on WSC.*

**09.02.04 Pastoral Care Committee** (from Priscilla Baker): The Pastoral Committee meets monthly to address needs among Friends in our community. Recently we discussed our practice of a healing circle at the beginning of worship each week and decided to ask Worship and Study Committee to schedule a Friendly Forum on this topic. We also began to draft a Memorial Minute for Olive Colwell which Priscilla Baker will prepare for presentation to Monthly Meeting.

**FOLLOWUP:**

The Memorial Minute for Olive Colwell was read at MM, approved and will be published in our next newsletter as well as sent to Quarterly Meeting and Yearly Meeting.

**09.02.05 Fellowship Committee (FC)** (from Wendy Goodwin, edited for these Minutes by the recording clerk)

- 1) *Meal planning is under way for Quarterly Meeting in March.* A sign-up sheet has been circulated to arrange the potluck after Sunday meeting as well as the breakfast needs for Sunday. The committee is going to handle food for people who arrive Saturday evening. All Middlebury Friends are invited to stay after Meeting for Worship on Sunday, to eat and socialize with Friends coming from afar.
- 2) *It seems that all the Friendly 8 groups are going well.*
- 3) *An email has gone out to the women's listserv to remind them to use that particular listserv when communicating rather than the full meeting listserv.*
- 4) *March potluck:* Joseph Gainza, field worker for Vermont American Friends Service Committee (AFSC) will be the speaker on March 13 at the Colwell's in East Middlebury. We will learn more about the AFSC activities in Vermont. VT AFSC is one of the benevolences we support.
- 5) *April potlucks (date TBA):* Cheryl Mitchell and Susanna McCandless will host a potluck to coincide with the arrival of new lambs. They will talk about the migrant programs in Addison County and invite some of the workers to join us. This will go along with the First Day School program that Fran is doing around Julia Alvarez' book and migrant awareness.
- 6) *We welcome Faith Lowell to the Fellowship Committee.* Next meeting is Tuesday, April 7, 11 AM, at Carol's Hungry Mind.

**FOLLOWUP:**

A recent change to the Greeter Sign-up Sheet is that WSC will ask individuals to select and read a Query on monthly meeting Sunday. It was reiterated that there is no hospitality on these Sundays; however, Friends are invited to bring a simple snack to share during MM, if they wish.

*cont.*

**09.02.06 Outreach and Social Action Committee (O&SAC)** (from Karen Nawn-Fahey, edited for these minutes by the recording clerk): This month's meeting of O&SCA focused primarily on logistics for hosting Northwest Quarterly Meeting on March 7-8 and coordinating with Fellowship Committee who will oversee food and overnight accommodations. Many logistical issues are under consideration including parking, childcare on Sunday morning, an extra greeter for worship on Sunday morning, cleanup volunteers and locking Havurah House Saturday night and Sunday afternoon when our programs are finished. Becky Stratton is coordinating host families as needed. Sas Carey and Carrie Reed will make all arrangements for Sas' program (projector/computer/screen) on Sunday morning. Paige Keren has been retained for child care from 9-3 on Sunday for \$120.00. We may need additional toys/activities/resting pillows/blankets depending on numbers and ages. Although we have a location for Young Friends, we do not have a program for them and are open to suggestion/direction. We have asked Bennington Meeting to provide a First Day School person (to assist Win Colwell), bread, dessert and fruit for Saturday lunch, and possibly a child care person if necessary.

Next committee meeting is Tuesday, March 24 from 7-8:30 at Karen's house.

**FOLLOWUP:**

*Posters for events, projects and outreach will be on display during QM. Friends are encouraged to bring posters and materials to share with QM Friends.*

**09.02.07 The 2008 State of the Meeting report** was read and several corrections made. The report will be published in the newsletter for all MFM Friends to read before it is approved at next monthly meeting and then sent to QM and YM.

**09.02.08 The Minute on Peace**, which we have been asked to consider, will be discussed at March monthly meeting.

Monthly meeting closed after a moment of silence..

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## MIDDLEBURY MONTHLY MEETING

### 2008 STATE OF THE MEETING

An apt description of this year is growth and change. After 1.5 years of thoughtful planning we began a new committee structure in late spring. This shift from a single Ministry and Counsel to several committees has resulted in more Friends becoming involved in the life of the Meeting. We recognize that we are in the middle of a learning curve and need to complete a full year cycle of our new structure. Then we will have an experiential sense of how this network of committees fits together to complete the work of the Meeting. Despite several wrinkles that need to be ironed out, we feel this restructuring has been successful.

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Monthly Meetings for Business have seen increased participation; however, there is a different configuration of attendees each month which can be challenging for smooth conduct of business. Committees report each month to the co-clerks and to MM which reduces the need for MM to consider each topic that arises. Compared to other religious bodies we have low overhead, no ownership, no payroll - all of which frees us to devote more consideration and resources to works in our community. A drawback is that without a central office and dedicated person to stay on top of everything, sometimes things fall through the cracks.

As a direct result of committee activity the following practices have been initiated or enhanced:

- Several Friendly Forums have provided opportunities for Friends to share at a deep level their experiences and thoughts about topics of interest.
- Potlucks continue to be a much appreciated way for Friends to socialize and discuss a variety of topics. As we grow in size, some worry that fewer homes are large enough to accommodate us for potlucks and special meetings.
- Twice-monthly singing has become established; a recent shift to before-meeting singing has proved a more agreeable time for singing.
- A Facilities Survey was created to discern how the values and needs of the meeting could best be reflected in our meeting space. Respondents were unanimous in wanting to continue our practice of sharing meeting space with another group and to not acquire property. Friends consistently noted their appreciation for the meeting community.
- The Worship and Study Committee circulated a Spiritual Life Survey which also revealed the importance, to Friends, of the spiritual community.
- The use of a post office box for receiving all meeting mail is in place.
- A white-erase board is used each Sunday to record upcoming dates and events

Other practices are noted as ongoing parts of the health and well-being of MFM:

- A well maintained library
- The newsletter, now electronically transmitted to most Friends, and a well-used Listserv, both of which are central to communication among MFM Friends
- The enhancement of our meeting space by flowers provided by one participant
- Monthly silent retreats held at one Friend's farm
- Weekly Healing Circles for holding in the Light Friends and others in need of support

*cont.*

- Supporting individual Friends who are active in a variety of community projects and activities
- Monthly reading of Queries

It was noted that worship is spirit-led and often very deep. Of equal value are Sundays when the spirit speaks through profound silence.

The children are a highly valued part of our Meeting. We are grateful for the participation of infants and young children during worship and at other times. There is now stable child care coverage for young children. Also appreciated is the continued participation of young Friends who choose to be a part of Meeting while in middle and high school. During 2008, First Day School accomplished many activities including helping to plan and cook for a community supper, preparing a Christmas play, and making large quantities of healing hand balm to sell and raise \$1,000 for HOPE, a local low-income organization. The meeting appreciates the return of the children for the last 5 minutes of worship, their reports at the close of meeting, the quarterly intergenerational meetings, and the growing connections between children and adults.

One of our long-time active and beloved Friends experienced declining health during 2008 and died shortly after the New Year. Several Friends experienced health and other challenges during the year and were supported by the Meeting with food, prayers, visits, cards and practical help. Our community has honed its ability to be responsive to one another.

We note growing pains as we welcome more people into our circle, engage in more activities and implement a new organizational format to support this growth. We embrace these changes as an expression of our desire to improve. We view these challenges not as problems, but as openings to new opportunities and possibilities.

We identified the following items that we want to address in the coming year:

- provide more support to First Day School committee (under Worship & Study Committee)
- schedule a Friendly Forum on healing circles
- seek out opportunities to co-sponsor activities in the community that reflect our values, e.g., projects promoting simplicity, peace, social justice, environmental conservation
- consider whether some committees, notably Worship & Study and Outreach & Social Justice, need to split into smaller committees
- address growing pain issues such as potluck spaces for larger groups
- resume spiritual bios; perhaps bios on the children or have children do bios on older Friends.

## QUERIES GENERATED FROM THE MIDDLEBURY FRIENDS SPIRITUAL LIFE SURVEY

*In reviewing the results of the Spiritual Life Survey, the Worship and Study Committee discerned qualities in the questions and replies that led to the drafting of these queries. Please read and consider them. If one of them speaks to you with particular persistence, please speak with a member of the committee and we can schedule a Friendly Forum on the topic.*

*Thank you!*

What happens for you in meeting for worship? How do you experience the Divine in meeting for worship? Tell of one time in meeting for worship in which you felt moved by the Spirit.

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How do you experience vocal ministry in meeting for worship? How do you know when you are led to offer vocal ministry? When you hear or share a message in meeting for worship, how do you discern the difference between something that seems to be more Spirit-led vocal ministry and something that is more someone sharing what is on her/his mind?

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How do you discern if the Spirit is leading you to an action? How do you test your leadings to discern if they are of the Spirit? What is the difference between your desire to do something and a leading of the Spirit?

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How do you pray? How do you engage with God/Spirit on a daily basis? What are your spiritual disciplines and practices?

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From which spiritual/religious traditions do you draw? Does the use of language and images from other traditions enhance or detract from your spiritual experience?

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How do you live out the Quaker testimonies (simplicity, peace, integrity, equality)? Where do you fall short? What helps you to live more faithfully?

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What spiritual gifts are present in our meeting community? What gifts have been given to and through you for the upbuilding our spiritual community? Does we raise up the gifts of individuals in our community?

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What is your understanding of and experience with ministry? Do you feel led to a particular ministry within the meeting community and/or in the larger community? How have others' ministries affected you?

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What spiritual tradition did you grow up with? What are the gifts of that tradition that are helpful now in your spiritual path?

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How does your faith inform the day-to-day choices you make, your lifestyle, and the ways you interact with people?

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How do you experience the Divine in your family relationships? With children? With your significant other in a committed, long-term relationship?

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How has the Spirit changed and transformed you over time? How has your relationship with the Divine changed? What has stayed the same over time?

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# FROM THE FRIENDLY FORUM, FEBRUARY 22, 2009

## THE HEALING CIRCLE

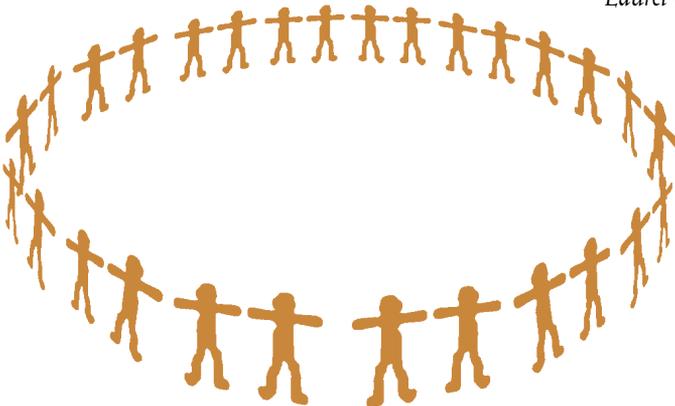
A Friendly Forum was held on Sunday, February 22<sup>nd</sup> to discuss the Healing Circle. Questions about the purpose, value and practice of the Healing Circle had been raised at the State of the Meeting Meeting in January, and the Forum explored those issues further. The conclusions of the Forum were:

1. Keep the Healing Circle. It provides comfort and value to many.
2. Consider fine-tuning the language of the intro and/or conclusion to deepen the experience.
  - a. A gracious way to remind people of the value of having silence in the Healing Circle is to request that people "leave a generous breath between names"
  - b. To ensure that the Healing Circle is relevant to those who may be terminally ill, Friends can use the phrase "be whole in the spirit" rather than focusing on healing.
  - c. To include those who have private worries, include those whose "names have been spoken or unspoken."
3. Those at the Forum noted that introductions to the Healing Circle vary. Let's play with different versions and introductions and consider this further.

Sas Carey convened the Forum, and Becky Stratton, Ann Taylor, Karen Nawn-Fahey, Sam Fogel, Priscilla Baker, Faith Lowell, and Laurel Coburn participated.

We had a deep, thoughtful and enjoyable discussion. Anyone interested in the full minutes of the Forum can ask Laurel Coburn in person or e-mail [laurel.kritkausky@gmail.com](mailto:laurel.kritkausky@gmail.com).

*Laurel Coburn*



## MEMORIAL MINUTE for OLIVE F. COLWELL

Middlebury Friends Meeting notes the death of its long-time and beloved member, Olive F. Colwell on January 6, 2009. Since 1981, when she and her husband, Ted, retired and moved to East Middlebury, Olive actively participated in the life of Middlebury Friends Meeting and in her local community. She hosted many large gatherings of Friends in their home. She initiated after-Meeting hospitality on Sundays, often providing cookies and juice which she carried in one of her many baskets. She served, for many years, as Treasurer of MFM. She volunteered at the Parent-Child Center, Meals on Wheels, and the Addison County Community Action Group (now HOPE) Christmas Shop and summer lunch program. She was keenly interested in politics and was a regular attendee at legislative breakfasts. Never one for pretension Olive was always very much herself. She spoke her mind, directly and plainly.



Olive was born on December 27, 1921, in the small, rural community of Trinway, Ohio, where she and her four sisters learned the value of hard work and resourcefulness. In 1943, she earned a degree in Home Economics from The Ohio State University. She applied this knowledge in her work as a preschool teacher as well as creating a nurturing home for her family and others in her community. Before retirement, she and Ted lived most of their years in Westchester County, NY. It was during these years that they discovered Quakerism and became active in their first Meeting in Scarsdale, NY. Olive was known for her skill at crafts including quilting and stenciling tole trays. She especially enjoyed summer vacations at the family's cottage on the bluffs overlooking Indian Lake in the Adirondacks.

Olive is survived by her husband Harry E. (Ted) Colwell, whom she married in 1945, as well as her three children and their spouses, Linda and Jack Bouffard, Sally Colwell and Jeffrey Janacek, and Winslow and Joanna Colwell, and 7 grandchildren, Caroline M. Bouffard, Jennifer Bouffard, Elizabeth Bouffard, Jonathan Bouffard, David C. Janacek, Adam C. Janacek, and Wren S. Colwell. Olive is also survived by her sister Wilma Habel.

*Drafted by Priscilla Baker*

## News of Quakerly Interest

joanna@ottercreekyoga.com

*"If you don't like the news, go out and make some of your own!"* — Scoop Nisker

TRAVEL AND ADVENTURE: KRISTINE and KIERA KIRKALDY recently returned from a school trip to Costa Rica where they did some community service work in the area where they had an earthquake on Jan. 8<sup>th</sup>. They also had time to see the sights, do some white water rafting and zip through the rain forest canopy on cables!

TARAN HOPKINS, along with his dad and several other Gailer School students, are traveling from temple to temple in Japan. They have been sleeping in temples, awakening early, and doubtless experiencing many wonderful new things...

KRISTIN LORD writes that she, CHRISTOPHER, and HELEN, went to Hobart, Tasmania in August of 2008 to visit Christopher's family, most of whom live in Hobart and its environs. They had a great time and were happy to find Christopher's parents doing well.

GREAT PERFORMANCES: KAI and CLAIRE ARMSTRONG were spotted once again at the Winter Carnival Ice Show—it's great to watch these two become such accomplished skaters over the years. Congratulations!

CONNIE COLMAN, daughter of SHEP and RICHARD COLMAN, who co-founded MFM, writes that her husband TRAV's business is really benefiting from all the interest in green energy. *Vermont Life* did an article about Trav and his business, which you can read here:

[http://www.vtlife.com/current\\_issue/wio8-ingenuity.htm](http://www.vtlife.com/current_issue/wio8-ingenuity.htm)

SMALL STEPS TOWARD PEACE: There is bi-partisan, carefully worded legislation, now before the House of Representatives, to encourage peace in the Middle East. You can read the full text of the resolution here:

<http://thomas.loc.gov/cgi-bin/query/z?c111:H.RES.130>:

This seems like one tiny step in the right direction, so FRAN PUTNAM and JOANNA COLWELL would like to encourage Friends to Call Representative Peter Welch at 202/225-3121 to encourage him to cosponsor H.Res. 130

AMER SHURRAB, who lost two of his brothers to Israeli army attacks in Gaza, as reported in last month's Newsletter, is continuing to tell their story in the U.S. Middlebury College held a memorial service for KASSAB and IBRAHIM SHURRAB which was attended by several Middlebury Friends. It was a moving, multi-faith service during which Amer reaffirmed his commitment to peace in his homeland

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and in the wider region. Amer is very appreciative of all the support he has received from his many friends in the Middlebury area, including those in our Meeting.

*Joanna Colwell*

## MIDDLEBURY FRIENDS MEETING Religious Society of Friends (Quakers)

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### Co-Clerks

Becky Stratton (388-2487)

Carrie Reed (388 0436)

### Recording Clerk

Priscilla Baker

### Treasurer

Laura Asermily

266 Washington St. Ext.

Middlebury, VT 05753

388-9478

### Co-Treasurer

Spence Putnam

575 Morgan Horse Farm Rd

Weybridge, VT 05753

388-1644

### Pastoral Care Committee

Caring for one another in a loving community is an important part of our life as a Meeting. Call any member of Pastoral Care to share a concern or need.

Ruth Barenbaum (388-2651)

John Beattie (352-4416)

Sas Carey (388-7684)

Meg Langworthy (877-3217)

Carrie Reed (388-0436)

**Newsletter Editor** Winslow Colwell (388-1961, win@wcolwell.com)

**Newsletter Mailing** Ted Colwell & Ruth Barenbaum

## MIDDLEBURY FRIENDS MEETING

PO Box 1026

Middlebury, VT 05753

Meeting for Worship

10 AM every First Day

Havarah House, 56 N. Pleasant St. (Rt.7), Middlebury

[www.middleburyquakers.org](http://www.middleburyquakers.org)

Please send newsletter submissions to  
the address above or to [win@wcolwell.com](mailto:win@wcolwell.com)