

# Middlebury Friends Meeting

February  
2016



# FEBRUARY 2016

SUN	MON	TUES	WED	THURS	FRI	SAT
	1	2	3	4	5	6
7	● 8	9	10	11	12	13
14	15	16	17	18	19	20
21	○ 22	23	24	25	26	27
28	29					

## QUAKER CALENDAR OF EVENTS

Fri. Feb. 5	12 noon	Pastoral Care at Brud Leedom's
Sun. Feb. 14	8:30 AM	Earthcare committee at Havurah W & S committee at Havurah
Sun. Feb. 14	10:00 AM	Everybody Lesson at beginning of Intergenerational Worship
Tues. Feb. 16	2:30 PM	COSA at the Dickinson's
Sun. Feb. 21	8:30 AM	Monthly Meeting for Business at Havurah
Sun. Feb. 28	11:30 AM	Friendly Forum on the Testimony of Equality
Sun. March 13	8:30 AM	Monthly Meeting for Business at Havurah
Fri., April 29	afternoon	Community supper at Middlebury Congregational Church
Sat. April 30	time TBA	Journey of Healing with Native American facilitators At CSAC.

“Words, like nature, half reveal  
and half conceal the soul within.”

— ALFRED LORD TENNYSON

Middlebury Friends Meeting  
Monthly Meeting for Business

17 January, 2016

Clerk: Tom Baskett

Recording Clerk: Priscilla Baker

Present were Ted Colwell, Win Colwell, Tom Dickinson, Grace McGrath, Fran Putnam, Spence Putnam, and Chris Stackhouse.

16.01.01 Monthly meeting opened with a reading from Howard Brinton’s *Friends for 300 Years*.

16.01.02 Nov. 2015 minutes: Item #6.2 Worship and Study, State of the Meeting report should be corrected to read 2015 (not 2014)

16.01.03 Treasurer’s Report (Karen Nawn-Fahey & Spence Putnam)

Instead of a monthly report for November and December, Karen prepared the final 2015 report which she laid out beside the 2016 proposed budget presented in November, 2015. It was noted that actual income for 2015 was \$1,129 less than budgeted. Actual expenses exceeded the budget amount by appr. \$125. The difference was

met by the balance in our checkbook, carried over from the year before. Our budgeted income for 2016 is \$429 greater than last year. It was suggested this represents an arc of hope in anticipation of increased donations from Friends in 2016. After addressing a few questions, the budget presented at November MM was approved.

**16.01.04 Earthcare Committee:** No report this month.

**16.01.05 Committee on Outreach and Social Action - COSA.** The committee has not met in the past few months, and plans to resume on February 16.

**16.01.06 Worship and Study Committee (Peter Schenck)**

- 1) Plans have been made for the State of the Meeting meeting on 1/31/16 at the Dickinson's. Priscilla will take notes and create a draft report. Win Colwell will facilitate the discussion. W & S hopes that this will be a worshipful meeting.
- 2) Friendly Forums – Winter/Spring 2016 Friendly Forums will continue on the theme of Quaker testimonies. The next forum, on the testimony of Equality, is February 28, to be held after worship.
- 3) AARE – The next Everybody Lesson will be at the Intergenerational meeting on February 14. Leigh will remind the greeter about no healing circle that day.

Also considered were the Wilderness Meeting minute and the ad hoc committee on Welcoming, which were discussed separately by monthly meeting (see below).

**16.01.07 Fellowship Committee:** Detailed accounts of upcoming dates continue to be sent via listserv. The carrot preparation for HOPE, held at Hannaford Career Center was a success and it is anticipated there may be another work session.

**16.01.08 Pastoral Care Committee** has started their annual review of the meeting directory.

**16.01.09 Ad Hoc Welcoming Committee (Tom Basket)**

The committee suggests a potluck and open discussion among the entire MFM community. W & S and Fellowship committees will work together to organize a potluck on Friday March 4, location TBA.

**16.01.10 Memorial Minute for Stewart Kirkaldy** Win Colwell read a memorial minute, prepared by Win and Ted Colwell. A few adjustments were suggested. Win will explore with Westport, MA Monthly Meeting whether they wish to consolidate into a single memorial minute or write their own. If each Meeting prepares its own minute, ours will not need further consideration by MFM since the minute as read and adjusted was approved. Once finished the clerk will send the memorial minute to NWQM and NEYM. Ted has prepared a longer biography of Stewart Kirkaldy which will be published in the next newsletter. The shorter minute, approved today, will appear in a subsequent newsletter. Win will read the shorter minute after worship in the next few weeks.

**16.01.11 Wilderness Monthly Meeting submitted to NWQM a minute** expressing concern that there is a lack of Quaker testimonies in the proposed revised Advises and Queries. At Quarterly Meeting in December, 2015, it was agreed to not endorse the minute, but encourages individual meetings to discuss among themselves. A MFM ad hoc committee met and notes that Friends have been late in commenting on the revision begun many years ago, despite repeated requests by the Revision committee asking for suggestions and comments.

The ad hoc committee suggests that MFM seek a liaison person to receive communications from and about issues in YM. This person would act as a conduit so MFM Friends can be kept aware of issues within YM.

FOLLOW UP: Peter Schenck volunteered to serve as a communicator with YM, under the support of W & S. It is hoped this will help to stimulate interest among MFM Friends in the work of YM.

**16.01.12 Co-clerks met with representatives of Pastoral Care** (Grace McGrath) and W & S (Priscilla Baker) committees to discuss a concern about how MFM addresses interpersonal conflicts or sensitive relationship in our meeting. This issue, which surfaces occasionally at State of the Meeting discussions, is seen as a spiritual issue and a growth opportunity for individuals and the Meeting if sensitively handled. Several ideas were put forth:

- The clerks include a reading at the beginning of monthly meeting that addresses the matter, such as the quality of relationships and self-examination.
- Worship & Study include queries on our relationships in the monthly queries read on monthly meeting Sunday. Worship and Study and Pastoral Care committees might create queries for this purpose.
- Offer a Friendly Forum on this matter as an opportunity for spiritual growth.
- Offer the Experiment with Light meditations as an opportunity to open oneself to the Light on this issue
- The clerks, and possibly others, can send out on the listserv, periodic helpful quotations on this topic.

This is felt to be a concern to address gently and regularly in order to raise our awareness and help people find ways to address their own situation.

FOLLOW UP: We were reminded that Clearness Committees are sometimes a helpful option. It was suggested we periodically remind Friends about the function of the Pastoral Committee. The clerks will check in, from time to time, with the two committees in order to keep this issue on the table.

Meeting closed after a brief moment of silence.

## A REMEMBRANCE OF JAMES KYDD STEWART KIRKALDY MD

James Kydd Stewart Kirkaldy, M.D. was a general practitioner who served the community of Westport, Massachusetts for forty-five years of active practice. From the earliest years this included home visitations whenever needed by his patients. He retired in 2005 and with his wife Francis moved to Middlebury, Vermont, where he lived until his death on May 21, 2015 at the Helen Porter Nursing Home. His death was due to complications following a fall.

Stewart was born on July 3, 1928 in the town of March, England located in the Fen Country. Throughout his life he was proud to be known as a Scot since his parents, John and Rhoda Kydd Kirkaldy, were Scottish natives living in England. He was an only child and was known as Stewart from his earliest years. His father was an optician and his mother taught school in the garage of the family homestead. As he grew older, Stewart was sent away to Edinburgh to prepare him for medical school, a dream that his father had held for his son since he had wanted become a physician himself before World War I made that impossible. The prep school he attended was an ordeal for Stewart due to its severe strictness. He was most happy to move on directly to the University of Edinburgh Medical School and had a busy and enjoyable time there. During his school years, he was an accomplished student and athlete.

Upon graduation from medical school Stewart was awarded a Fulbright Scholarship and decided to move to North America. He checked a number of hospitals and was accepted as a rotating intern at Truesdale Hospital in Fall River, Massachusetts. During that year he met Frances (Frankie) Carpenter Bowen, and after a brief courtship they married. The couple then moved to England to complete two years of service as a medical lieutenant in Yorkshire with the Royal Air Force.

Stewart and Frankie then returned to the United States before moving on to Nova Scotia where he spent one year in Surgical Residency and then four years as a junior partner in a medical practice, though it was not a happy time due to tensions with his superiors.

At the Fall River hospital he had attracted the attention of Dr. Frank Lepreau, a surgeon who helped Stewart with sage advice. Dr. Lepreau, hearing of his unhappiness in Canada, got in touch with Stewart and convinced him to return to the United States. He moved, together with his wife and their two sons, to Westport where he opened a practice as the sole doctor in town. Stewart focused on his patient's care and was an early advocate of encouraging his patients to stop smoking. As he grew older, he became a specialist in geriatric care, and was medical director of several regional nursing homes. He was proud of listening carefully to his patients in making diagnoses.

Stewart also played important roles in the local politics, and served for two terms as on the Westport Board of Selectmen, including time as its chairmen. Upon his retirement from medicine he had even more time to follow the vagaries of national, state, and local governments.

Dr. Lepreau was a respected Member of Westport Friends Meeting, and with gentle urging he got the Kirkaldy Family involved in Quakerism. Stewart found it highly congenial and in due time served as Clerk of the Meeting, became a Recorded Quaker Minister, and took over the annual book sale. Under his direction the sale grew and it provided substantial funding for the longstanding Meeting.

After retirement at age 77 Stewart moved to Vermont where he joined the Middlebury Friends Meeting. He quickly became a beloved member, playing an active role in many activities of the Meeting. He was Co-Clerk, Meeting Archivist, served on the Committee on Social Action, and offerered frequently moving messages during Meetings for Worship.

Stewart was a quiet man with a great sense of humor and understanding of people's ways. He and Frankie loved to travel and to take cruises on sailing ships. He also loved bird watching and had an extensive life list. In later years he became devoted to the Birds of Vermont Museum in Huntington where he volunteered weekly. He also volunteered his time to the Henry Sheldon Museum of Vermont History and with the Everybody Wins reading program. He was honored for such service to others numerous times, including twice being named Westport Man of the Year. Throughout his long career and then his retirement, he was a man who served others.

Stewart was predeceased by his wife in 2007. He is survived by two sons, Andrew and his wife Kristine Barne Kirkaldy of Middlebury, Vermont, and Peter and his wife Marjorie Millan Kirkaldy of Afton, New York; a sister-in-law, Natalie Bowen of Providence, Rhode Island; four grandchildren and one great grandson; a cousin, Ena Norrie of Kirnemuir, Scotland; and a number of nieces and nephews.

— Ted Colwell

*Note: This is an expanded version of the official memorial minute that will be submitted to Yearly Meeting.*

## NEWS OF QUAKERLY INTEREST

Collected by Lucy McKeon  
lucym@shoreham.net



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MARY KAY GLAZER writes: “ MARTIN, his fiancé SARAH, and our daughter MARIA visited us the first week in January in our Madison apartment- the first time since we moved here. Among other things we visited with grandparents and cousins and also did a tour of the state capital ( totally awesome) and the Monona Terrace, a Frank Lloyd -Wright designed convention center on beautiful Lake Morona. It was a great visit and now Martin and Sarah are back in school in Rochester and Maria back at home with her husband and dogs. Madison has a lot of fun and interesting things—we hope you come to visit us!”

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Our college students are doing very well. MARY LANGWORTHY made the Deans list at Hamilton College and KAI ARMSTRONG was named to the Deans list at Fairfield University.

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CLAIRE ARMSTRONG was the *Addison Independent* Student of the Week on January 4. There was a lovely article outlining her achievements and interests.

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SAS CAREY has finished her movie “Migration” and will be submitting it to various film festivals.

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NARA, the little burn patient from Mongolia that Nomadicare has been supporting, has completed her second surgery at Shriner’s hospital in Boston as well as a skin graft and laser treatments. Many of us got to meet her when she came up to Middlebury. Sas thanks everyone for their support.

—Lucy

## MIDDLEBURY FRIENDS MEETING

Religious Society of Friends (Quakers)

Editor: Win Colwell

### Co-Clerks

Tom Baskett 989-7034  
Jean Rosenberg 388-6453

### Recording Clerk

Priscilla Baker  
388-8024

### Treasurer

Karen Nawn-Fahey  
PO Box 1026  
Middlebury, VT 05753

### Pastoral Care Committee

Caring for one another in a loving community is an important part of our life as a Meeting.  
Call any member of Pastoral Care to share a concern or need.

Sas Carey (388-1301)  
Wendy Goodwin (385-1900)

Norm Tjossem (388-0338)  
Brud Leedom (623-7533)

Grace McGrath (388-6576)

We welcome your submissions! — [winslow.colwell@gmail.com](mailto:winslow.colwell@gmail.com)

News of Quakerly Interest — [lucym@shoreham.net](mailto:lucym@shoreham.net)

## MIDDLEBURY FRIENDS MEETING

PO Box 1026  
Middlebury, VT 05753

Meeting for Worship 10 AM every First Day

Havarah House, 56 N. Pleasant St. (Rt.7), Middlebury

[www.middleburyquakers.org](http://www.middleburyquakers.org)