

MIDDLEBURY FRIENDS MEETING



DECEMBER 2001

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9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
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- Sunday, December 9 8:30 AM Ministry & Counsel Committee Meeting.
- Sunday, December 16 10 AM The Annual Holiday Celebration and Gala
Potluck Luncheon. Come join in a fine feast,
singing and a Worship Sharing Meeting. At the
Colwell's, 1 Lower Plains Road, East Middlebury
(388-3632)
- Wed, December 19 7-9:30 PM Women's Christmas Meeting. Bring your
stories of the past year and a small gift to share.
All Meeting women are invited. Sas Carey's home.
388-7684
- Sunday December 30 5 PM Meeting for Worship at Wake Robin.
Middlebury Friends are welcome to worship at
Wake Robin on any First Day. But on this Sunday
we are most encouraged to attend!

*“Help us to be the always hopeful
Gardeners of the spirit
Who know that without darkness
Nothing comes to birth
As without light
Nothing flowers.”
-May Sarton*

Sun January 6	8:30 AM	Ministry & Counsel Committee Meeting.
Monday Jan 7	7 PM	Men’s Group gathering at Ted Colwell’s home, Lower Plains Rd. East Middlebury. 388-3632
Sunday January 20	11:30 AM	Meeting for Business
Sunday January 27	9 AM	Adult Discussion

There Will Not Be A Monthly Meeting For Business In December.

Men’s Group Hosts for the next 6 Months:

January 7	Ted Colwell
February 4	Jerry McBride
March 12	David Rosenberg (Tuesday, to avoid Town Meeting)
April 1	Spence Putnam
May 6	Bill Schneider
June 3	Ted Colwell

MINUTES, MEETING FOR BUSINESS

NOVEMBER 21, 2001

Co-clerk: Priscilla Baker

Recording Clerk: Laura Asermily

01.12.01- The meeting began at 11:30 AM with a moment of silence during which Co-Clerk Priscilla Baker read a passage from the 11/01 Nor'wester on ministering to each other. It reminds us that "surely the nurturing of relationships and response to their breakdown will arise from the willingness to enter with imagination and love into one another's lives." Fourteen people attended including Jean Rosenberg, Laura Asermily, Olive and Ted Colwell, Fran and Spence Putnam, Joanna and Win Colwell, Donna Belcher, Becky Holmes, Sam Fogel, Marshall Hoagland, Jerry McBride, and Grace McGrath.

01.12.02- Minutes: Approved the minutes of the October 21, 2001 Meeting for Business.

01.12.03- Treasurer's Report: The meeting thanked Olive for her succinct reports. This month she reported that October contributions totaled \$810 and expenses amounted to \$1,259.30. Included in expenses were costs of PCC rent, newsletter printing, postage, books, and child care. For the first four months of our fiscal year we received \$2,160 from contributions and our expenditures were \$2,650.05. In November so far we have received gifts of \$170 and have spent \$1,100. We have begun to pay some of our benevolent expenses which this month have included our budgeted annual payments of \$400 to ACCAG, \$300 to AFSC-National, \$150 to AFSC-Vermont, and \$125 to the Clergy Rent Fund. Our cash balance as of November 18, 2001 is \$451.93.

01.12.04- Ministry & Counsel: Grace McGrath read a report of the November 11, 2001 meeting. All items discussed in this meeting are addressed below. In addition, it was noted that the meeting still seeks a First Day teacher for the third section; Priscilla Baker will facilitate the Holiday Meeting on December 16; an updating of the directory is recommended and will be discussed at December's M&C meeting; Jerry McBride agreed to represent Middlebury meeting at the November Quarterly Meeting; and a draft of the Middlebury Friends Practices & Adult Discussion is still being worked on. This informative pamphlet to supplement the "pink paper" will concentrate on children and families, clearness committee, business meeting and possibly include the Peace Testimony. There will be no Meeting for Business in December and no newsletter for January

01.12.05- Outreach: There was lengthy discussion regarding outreach to Middlebury College and the area. It was noted that flyers posted at Middlebury College won't be noticed and that people still have trouble finding us. It was decided that Fran Putnam

would ask Anais Mitchell what would work to reach students. It was also decided that we would ask recent Middlebury College student visitors to our meeting what they would suggest or could do. Win Colwell will arrange for us to be listed in local phone books with a reference to Clerk Priscilla Baker since we have no central phone. Win also agreed to create an eye-catching poster that Jerry McBride agreed to post near the counseling service where it is less cluttered with flyers.

01.12.06- Wake Robin: Middlebury Friends will visit Wake Robin Meeting for Worship on December 30, 2001 at 5 PM. If you are interested in car pooling from Middlebury at 4 PM, let Ruth Barenbaum know. Friends are encouraged to go any Sunday to support the Wake Robin meeting and specifically on our days for supporting the meeting. Burlington and Middlebury Meetings share support for Wake Robin.

01.12.07- Space: A Growth Committee was formed including Priscilla Baker, Becky Holmes, Spence Putnam, and Joanna Colwell to help decide what we can do to make our current space more expandable and welcoming and how we can improve our outreach. Becky Holmes agreed to convene a meeting. Priscilla Baker will do a drawing to show placement of chairs as agreed at an earlier Meeting for Business to accommodate larger attendance. Joanna Colwell suggested purchase of special floor seats that may be preferred by those who like to sit on the floor or are expectant and will research this. This would allow us to remain in a circle until such time as we got so big that we would need to consider yet another seating configuration such as rows of facing seats.

01.12.08- Quarterly Meeting & Nor'wester: Arrangements have been handled for the Quarterly Meeting at Weybridge School on December 1, 2001. We should anticipate a possible request for help needed from Middlebury meeting for distribution of Nor'wester beginning with the March 2002 issue.

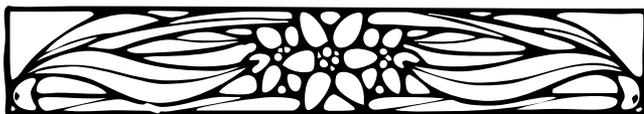
01.12.09- Peace & Social Concerns Committee: Win Colwell reported that the Peace Vigils continue on Saturdays from 10:30 to 11:00 AM and that the committee is looking for more people to attend them. Friends are urged to support these. Win proposed that we create a new banner for the vigils that would be more visible to passing motorists and in addition to the ones we have. Any ideas for the contents of this peace poster can be submitted to the committee. The meeting thanked Win for suggesting and being willing to create the banner. We were reminded of the important peace work of Louise Diamond. Priscilla Baker agreed to invite her to speak to our meeting in early spring and to recommend her for a future Quarterly meeting workshop.

01.12.10- Released Friends Statement: After lengthy discussion, Clerk Priscilla Clark moved that we continue to discuss our position on released friends at the next Meeting for Business. It was noted that the process of looking deeply at our practices is worthwhile. The committee was thanked for its incredible job in bringing clarity to our position on released friends.

01.12.11- Library: The meeting thanked Becky Holmes for her thoughtful report on and care of our library. Becky reported that she'd like to file some older and duplicate items so more space can be created. The meeting approved her request as well as her judgement regarding future book acquisition. The meeting agreed that the priority would be materials about and by Quakers since this would be hard to find in public libraries such as new Pendle Hill pamphlets. The meeting would also appreciate more books on parenting, education, and prison work and reform. The meeting supported purchase of a portable file folder that Becky agreed to research. The meeting also agreed that it would be extremely useful to create an index of books that Friends would be willing to loan from their personal collections perhaps called the "Greater Friends Library."

01.12.12- Midweek Meeting: The meeting supported Sam Fogel's intention to create an interfaith midweek meeting and to report back to the meeting on specifics regarding time and place when he could determine this.

The meeting closed at 1:30 PM with a moment of silence after dates were set.



BLANKETS FOR AFGANISTAN

On November 20th Jake and Becky Holmes drove over 100 blankets to the Bennington Peace Resource Center to join a truckload going to AFSC Cambridge center, on their way to refugee camps in Pakistan and Iran as part of the No More Victims/ Afghan blanket project.

40 of these blankets came from the gathering efforts of four members of Wake Robin worship group, along with \$635 in donations to pay for shipping costs. Hildie Lawrence, acting clerk there, organized this wonderful gift.

Our Meeting gathered up about 15 blankets, including gifts from outside contacts. The rest came from the efforts of Dr. Maurice Cyr, a chiropractor in Rutland who has just returned from helping out at Ground Zero, and wanted to continue to help. Ruth Barenbaum stitched up moth holes and blanket bindings as a finishing touch before Jake and Simon loaded them up.

Tax deductible contributions can be made to:

AFSC No More Victims/ Afghan Blanket Project
American Friends Service Committee
1501 Cherry St, Philadelphia, PA 19102-1479

KID TO KID

Jim Jeffords has joined with the Vermont Islamic Society to sponsor a wonderful program called “Kid to Kid.” Children all over Vermont are invited to give winter clothing to kids in Afghanistan. The clothes will be collected locally at G. Stone Motors on Rt. 7. All items must be delivered by Dec.8.

FROM JO’S KITCHEN

Praise Ginger (*Zingiber officinale*)! How splendid that something this delicious could be so good for us! This fragrant, warming root contains numerous constituents that enhance immune function. Here’s a recipe to delight family and friends in the holiday season, or any time of year.

TRIPLE GINGER CAKE

- 1/3 cup fresh grated ginger root
- 1/2 cup canola oil or melted butter
- 1/2 cup molasses
- 1/2 cup succanat (crystallized organic sugarcane juice—available at co-op)
- 2 cups whole wheat pastry flour
- 2 teaspoons powdered ginger
- 1/3 cup crystallized ginger, chopped
- 1 teaspoon baking soda
- hot water

Pre-heat oven to 350°, and oil or butter a skillet or a square baking pan.

To begin making the batter, take the fresh grated ginger in your hand and squeeze the juice out into a large bowl. Put the pulp in another bowl and cover it with a couple cups of hot water. Cover that bowl and move it out of your way while it steeps.

Next, add to the following to the ginger juice: oil or butter, molasses, and succanat. Stir well, then mix in crystallized ginger, powdered ginger, and flour. Batter will be extremely thick. Don't worry.

Now return to the ginger pulp that you left steeping. The part you want is the water. (Actually it’s ginger tea by now). Strain and discard pulp. Measure out 1 1/3 cups of this tea and to it add the baking soda. Stir well, then add this ginger soda water 1/3 cup at a time to your thick batter. Stir after each addition, just enough to make a nice, smooth batter and then pour batter into greased pan and bake 20-30 minutes, until a knife comes out clean.

-Joanna Colwell



A sure sign of the coming of the winter is the departure of ELEANOR GIBSON for Columbia, SC. She goes down to a milder climate and stays with her son, Jerry and his wife, Lois. We will miss Eleanor's presence at meeting each First Day, and will be looking forward to her return with the spring birds. Incidentally, her memoir, *Perceiving the Affordances: Portrait of Two Psychologists*, is a warm and wonderful book. A copy will be in our meeting library shortly. ANNE SUDKAMP of Fairbanks, Alaska advises us of her new e-mail address. The new address is listed below, and unfortunately requires giving up one of our favorite addresses: mosquionet.com. Anne has a new job as coordinator of the International Arctic Social Sciences Association. She also advises that her family is all well, despite a current bout of the flu. Daughter Helen is now in second grade and son Cole is almost three. Her husband Tim has just built a tiled hearth and installed a wood stove, so their home is very toasty. Many of us remember Anne as a summer student at the Language School at few years ago, studying for a doctorate in Russian, and riding her bicycle to meeting. Our good friend DON PEABODY recently had heart problems with a resultant occlusion, angioplasty and a stent. He says he is now "a real work of art." He asks that we hold him in the light, as reocclusion happens very commonly in the first two months. DAVID ROSENBERG has just returned from a stay at the Salzburg Seminar where he participated in a conference. There are unconfirmed rumors that he tried to take his skis! DANNY AHEARN was both Greeter and provided hospitality a few weeks ago. He brought two delicious Greek concoctions that he made himself called Spanakopita, made of filo dough, feta cheese and spinach. We suspect he will be asked to repeat his contribution soon. ENTHUR AYUSH had an exhibit of Mongolian artwork and cultural artifacts at the Ilsley Library recently, and hopes to repeat it again in the near future. WIN and JOANNA COLWELL made a fast trip to Brooklyn, NY over Thanksgiving to celebrate turkey day with some of Jo's relatives. BURTON KNOPP is a proud father as his son ALEX has just been elected Mayor of Norwalk, CT. There was a lovely reception at the Center for the Arts recently to celebrate the Middlebury College's Music Library's acquisition of its 10,000th Compact Disk. The Music Librarian, our own JERRY MCBRIDE, gave a fine speech about the significance of the growth of music available at Middlebury. During the presentations, the noted pianist Ivan Morovic presented a CD of some of his musical performances to start Jerry's pursuit of the next 10,000! On November 14th, ELIZABETH PROCTER celebrated her birthday in Lebanon, NH where she and CLIFF now reside. It is a busy day for celebrations as both JANE LEA and WINSLOW COLWELL share that day for their birthdays. From MARTHA MOSELY come this lovely note: "Chas enjoys his job. Interesting work, good people, much less travelling! I'm continuing work on my children's book and loving having access to a wonderful library system for research. Adrien is working in North Carolina with people with

disabilities. Damon has finished a stint as a field engineer at a construction project in Portland, Maine and is moving back to Vermont to work closer to the firm's office in Rutland."

A correction from our last issue: SARAH MCGRATH is not working in a food stamp program, but rather "is very happy in her job with the Boston Private Industry Council, a non-profit which is part of an effort to reduce youth violence by helping low income students get work. She works out of Charlestown high school." Thanks to GRACE for setting us right!

Finally, the November 22nd issue of "The Addison County Independent" had an excellent story with the headline "Quakers turn attention to Afghans." The article quotes RUTH BARENBAUM extensively discussing the program to get new or used blankets to the American Friends Service Committee for shipment to the refugees of Afghanistan. There was also a large photo showing WENDEL JACOBS and SIMON BARENBAUM loading blankets into a pick-up truck. It was a very positive piece of reporting and all concerned with the effort should be commended.

New Addresses:

Anne Sudkamp
fnacs1@uaf.edu

Martha and Chas Mosely
6513 Potomac Ave A-2
Alexandria, VA 22307.
703/765-4516
memch@concentric.net (Martha)
camos@concentric.net (Chas)

-Ted Colwell

MIDDLEBURY FRIENDS MEETING

Religious Society of Friends (Quakers)

Co-Clerks

Priscilla Baker (388-8024)
Jean Rosenberg (388-6453)

Ministry and Counsel Committee

Donna Belcher
Meg Langworthy
Jerry McBride
Grace McGrath
Jann Grace Seale
David Tier

Treasurer

Olive Colwell (388-3632)
PO Box 6
E. Middlebury, VT 05740

Recording Clerk

Laura Asermily

Newsletter Mailing

Ruth Barenbaum
Olive Colwell
Ted Colwell

Newsletter Editor Winslow Colwell (388-1961, winslow@well.com)

MIDDLEBURY 
FRIENDS MEETING

PO Box 203
Ripton, VT 05766

Meeting for Worship

10:00 AM every First Day

Parent/Child Center, 126 Monroe Street, Middlebury

During October we also oversee Meeting for Worship at Wake Robin
First Days, 5-6 PM

<http://community.middlebury.edu/~jmcbride/mfm.htm>

Please send newsletter submissions to the address above
or to winslow@well.com