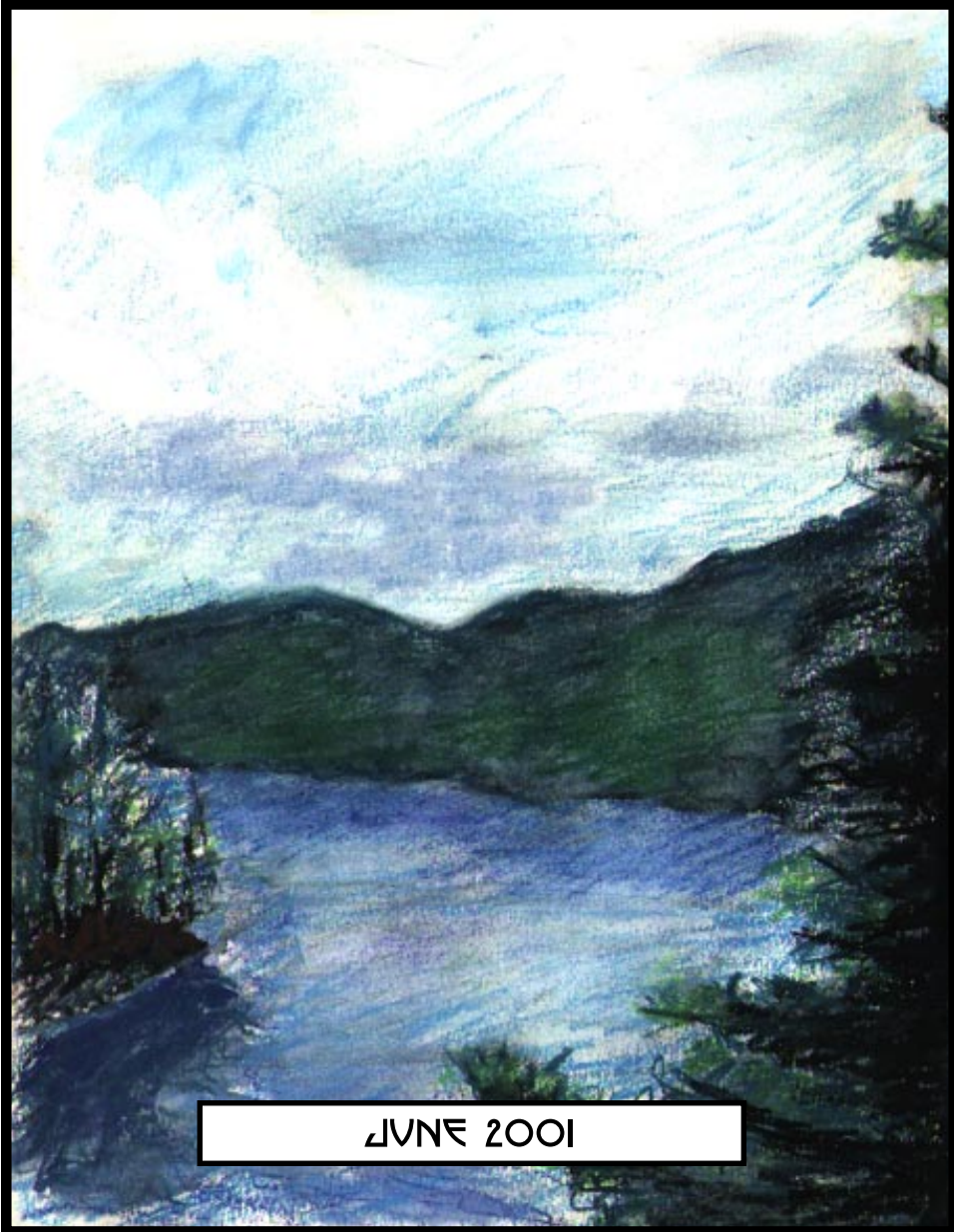


# MIDDLEBURY FRIENDS MEETING



JUNE 2001

| JUNE 2001 |    |    |    |    | 1  | 2  |
|-----------|----|----|----|----|----|----|
| 3         | 4  | 5  | 6  | 7  | 8  | 9  |
| 10        | 11 | 12 | 13 | 14 | 15 | 16 |
| 17        | 18 | 19 | 20 | 21 | 22 | 23 |
| 24        | 25 | 26 | 27 | 28 | 29 | 30 |

Saturday & Sunday, June 2-3 Northwest Quarterly Meeting  
At Farm & Wilderness Camps, Plymouth.

Sunday, June 3 8:30 AM Ministry & Counsel Meeting

Monday, June 4 7 PM Men's Group Meeting  
At home of Win Colwell (388-1961)

Sunday, June 10 11:20 AM Monthly Meeting for Business

Wednesday, June 13 5 PM Peace & Social Concerns Committee  
At a picnic table in the Marble Works.  
Call Win Colwell for information (388-1961)

Saturday, June 23 9 AM Stillness Retreat. A minimally organized chance  
to spend a day in silence in a quiet agricultural  
setting. Attendees bring their own lunch for a silent  
meal. The retreat will end at 3:30 P. M. Call Cheryl  
or Ted Colwell (388-3632) for further details.  
At home of Cheryl Mitchell (545-2278)

Monday, July 2. 7 PM Men's Group Meeting. We will meet in Lincoln,  
at the site of Chris Stackhouse's latest construction  
project. Let's gather at 6:30 at Chris' house to car-  
avan (12 Seminary St, Middlebury; 388-9224).

*"A ship in port is safe, but that's not what ships are for."*

*- Grace Murray Hopper*

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- Sunday, July 8                      8:30 AM    Ministry & Counsel Meeting.  
This will be the Crossover meeting when old and new members meet.
- Friday, July 20                    6 PM        Social Potluck Supper in the Gazebo.  
At Sas Carey's (388-7684)
- Sunday, July 29                    11:20 AM    Mid-Summer Meeting for Business.  
There will not be a business meeting in August.
- 

## SILENT RETREAT DAY

In preparation for the Stillness Retreat on June 23, we would like to share this writing from Bo Lozoff, a founder of the Human Kindness Foundation, a prisoner advocacy group. Mr. Lozoff will be entering a year of silence on the September Full Moon!

"One way of practicing silence is to retreat from all your normal activities and from the presence of others to the greatest degree possible. If you can't go to a cabin in the woods or some other isolated place, you may want to simply spend the day in your cell or your bedroom. However you arrange it, here are a few tips to get the most out of a day of silent retreat:

- Plan your meals in advance, and plan for only about half of what you may normally eat. This helps you to be quieter. Simple foods are best. I take a heel of bread and some fruit with me. Sometimes I fast entirely.
- Do not spend a lot of the day reading. If you choose to read at all, plan it in advance and limit it to brief spiritual writings which may help you to work with silence. Do not listen to music or watch television.
- Try to spend time in nature, listening and observing. If you have no access to the outdoors, try watching the sky and all its changes through a window. If you have no window, then focus a lot on everything in your cell, even the movement of shadows on the walls, distant sounds, or ants walking across the floor.
- Try not to let thoughts dominate the day. Keep your focus in the here and now. The best way to do this is to focus on perceptions of the senses - seeing, listening, touching, smelling, tasting, walking.
- Slow breaths, deeper breaths, help quiet the mind and body. Your breath is the source of your life. Each abreath arises from and returns to silence. When you tap into the Big Breath and the Great Silence, you'll know it!"

# MINUTES, MEETING FOR BUSINESS

MAY 20, 2001

Co-clerk: Priscilla Baker

Acting Recording Clerk: Ted Colwell

The meeting began at 11:20 AM with a period of silent worship, during which the Clerk read a portion from the book "Lest Innocent Blood Be Shed" by Philip Hallie. The excerpt dealt with the influence of Quakerism on the pastor in a French village during World War II who organized the community into a place of refuge for Jews in danger of concentration camps.

Present at the meeting were: Priscilla Baker, Jerry McBride, Grace McGrath, Ruth Barenbaum, Mimi Love-Nicholson, Winslow Colwell, Faith Lowell, Olive and Ted Colwell.

1. The Minutes of the April 22, 2001 Business Meeting were reviewed and approved.
2. Olive Colwell gave the following Treasurer's Report:

In April 2001 our contributions totaled \$465.00 for the month, and the expenses amounted to \$1,470.87. Included in expenses were payments for Rent to the Parent/Child Center, payments to NEYM and NWQM, library books and tapes, and printing the newsletter. Also, gifts for Young Friends graduating from high school, a scholarship for an adult young Friend's trip to Cuba, and for a contribution to the Chaplain's Office in connection with the lecture on Iraq. For the nine months of our fiscal year we have received \$6,774.00 from contributions, and our expenditures were \$7,201.72. Our cash balance as of April 30, 2001 was \$1,515.82.

In April so far we have received gifts of \$245.00 and had expenses of \$35.84, which covered purchase of an extended arm stapler that will allow us to save on the printing bills as we can do the stapling and folding in house. We will have a bill for this month's newsletter and some additional stamps. The present cash balance is \$1724.98.

3. Olive then presented the Proposed Budget for the 2001-2002 Fiscal Year, a copy of which is attached hereto. After discussion, the meeting was in agreement that the Proposed Budget be submitted for approval at the June Meeting for Business. There was the suggestion made that the Newsletter include a notice that the Minutes are available on the Meeting's Web Page ([www.middlebury.edu/~jmcbride/mfm.htm](http://www.middlebury.edu/~jmcbride/mfm.htm)) for those who do not need a printed copy.

4. Jerry McBride reported on the May 6, 2001 meeting of Ministry & Counsel Committee. Items not discussed later included a report of the Spiritual Formation Group program, an in depth commitment to deeper Quaker practices. Grace McGrath has information on this. Plans were made for the May 13 Celebration of Life at Burt Knopp's home in Orwell. The theme this year was The Courage to Grow. Jerry has

agreed to attend the Northwest Quarter Meeting on June 2-3 at Farm & Wilderness Camps, and represent MFM at the Ministry & Counsel session. We are awaiting a report from Jean Rosenberg and Ted Colwell on the summertime gatherings to study The Earth Charter. Win Colwell was asked to read a Query at the May 20<sup>th</sup> Meeting for Worship. Donna Belcher reported that the First Day School program this year has been a success and appreciated by the children. The teachers, Donna, Fran Putnam and John Benson did an outstanding job and their efforts are most deserving of thanks from all. Donna has agreed to organize next year's program, will meet with teachers and parents in June, and then train teachers in the program.

5. The former End of Earthly Life Committee agreed to change its name again to be the Passage with Care Committee, a name suggested by Jean Burfoot. In further discussion, members of the Committee reported that they were contacting the practices of other meetings and churches. Also, they are planning to make available for families of departed Friends to have a memorial tree planted in a small grove on the property of the Parent/Child Center. The P/CC has agreed to allow plantings at the border of their property and they will be consulted about exact placement and varieties of trees to be planted. This concept was approved. This committee is currently meeting monthly.

6. Ruth Barenbaum reported on a proposal for individuals from MFM to attend the 5 PM meetings of the Wake Robin Worship Group in Shelburne, VT on a First Day once every other month. Burlington Meeting will also participate, covering the alternate months. Ruth has agreed to organize our participation, and will herself attend in June and August. This effort was approved.

7. It was agreed that the Mid-week Meetings for Worship would be laid down during the months of June, July and August. It was suggested that Friends make time to visit Eleanor Gibson, who has graciously allowed us to use her home for these meetings.

8. A Committee to review the rules and procedures for funds flowing through the account of the Meeting for special purposes, and to clarify the appointment of Released Friends was discussed. Jerry McBride, Spence Putnam (to be asked), Faith Lowell and Ted Colwell volunteered to serve.

9. Winslow Colwell reported on the May 2, 2001 meeting of the Peace & Social Concerns Committee held at the home of Ruth Barenbaum. Ruth has agreed to visit other churches and meetings in our area to seek additional support and interest in the ending of the Iraqi sanctions. The committee has been focussing on the Iraqi situation, but is now beginning to expand its scope. During the latest meeting there was discussion on Globalization, Global Warming, and the correct ways of approach in political action. There was considerable planning on protesting the Death Penalty, and it was agreed that letters would be sent to local newspapers. (Three such letters have been published.) There is consultation taking place with such people and groups as Professor Ellen Oxfeld and the Chaplain's Office at Middlebury College, plus others, which may

...cont.

lead to a major conference on the Iraqi situation this fall. The next meeting of the P & S. C. Committee will take place on June 13.

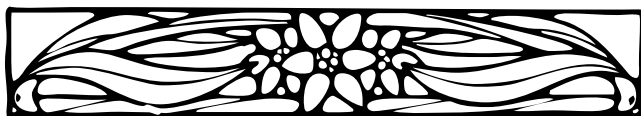
10. Ruth Barenbaum reported on the Volunteers for Peace program. The organization is planning to send volunteers to the Middlebury Area in August and October. However, in discussions with ACCAG, the group that has handled these visits in the past, it appears that there is as yet no definitive planning being done. In 2000 the meeting arranged several opportunities for hospitality for the Volunteers for Peace group, and we would like to do so again, if possible. We agreed to discuss this matter again in June and to work to involve more groups and individuals in this international activity.

11. There was discussion about an old Minute on the Death Penalty approved by MFM a number of years ago, but which can not be located. Hence, it was agreed that the Peace & Social Concerns Committee begin drafting a new minute. To increase the input on this minute, the committee will hold a special meeting to which all interested can attend and make contributions to the wording. Winslow Colwell in the interim will talk to Joseph Gainza of AFSC-Vermont to coordinate our efforts with the larger Quaker actions.

12. Ted Colwell presented the proposed Report of the Nominating Committee, which is also attached hereto. It will be presented at the June Business Meeting for final approval.

13. We also established the dates for events through the month of July 2001.

The meeting ended at 12:50 P.M. with a reverent time of silence.



## THANK YOU!

The newsletter would like to acknowledge the wonderful contribution of this past years' First Day School teachers — Donna Belcher, John Benson, and Fran Putnam. The love, attention, and guidance you have provided our young people is appreciated by everyone!

MIDDLEBURY FRIENDS MEETING  
REPORT OF THE NOMINATING COMMITTEE  
AS OF MAY 20, 2001

|  |   |
|--|---|
| <b>Co-Clerks</b>                                       | Priscilla Baker (2002)<br>Jean Rosenberg (2003)   |
| <b>Ministry &amp; Counsel</b>                          | Donna Belcher (2002)<br>Jerry McBride (2002)<br>JaxR Grace Seale (2003)<br>David Tier (2003)<br>Grace McGrath (2004)<br>Meg Langworthy (2004) |
| <b>Recording Clerk</b>                                 | Laura Asermily  |
| <b>Treasurer</b>                                       | Olive Colwell   |
| <b>Recorder</b>  | Anne Corrigan   |
| <b>Clergy Group Representative</b>                     | Win Colwell   |
| <b>Newsletter Editor</b>                               | Win Colwell   |
| <b>Librarian</b>                                       | Becky Holmes  |
| <b>First Day School Coordinator</b>                    | Donna Belcher   |
| <b>First Day School Teachers</b>                       | John Benson<br>Joanna Colwell<br>Position open  |
| <b>Peace &amp; Social Concerns Committee Co-Chairs</b> | Win Colwell<br>John Vincent   |
| <b>Nominating Committee</b>                            | To be named by the Co-Clerks  |

Sas Carey  
Ted Colwell  
Burt Knopp  
Cheryl Mitchell

## MIDDLEBURY FRIENDS MEETING PROPOSED 2001-2002 BUDGET

| CATEGORIES                                | BUDGET<br>2000-2001 | ACTUAL<br>4/30/01 | EST.<br>ANNUAL<br>2000-2001 | PROPOSED<br>BUDGET<br>2001-2002 | PROPOSED VS<br>EST. ANNUAL |
|---|---------------------|-------------------|-----------------------------|---------------------------------|----------------------------|
| Rent                                      | 1400                | 1400              | 1400                        | 1500                            | 100                        |
| NEYM                                      | 2000                | 2000              | 2000                        | 2000                            | 0                          |
| NWQM                                      | 800                 | 800               | 800                         | 800                             | 0                          |
| Midd. Clergy Dues                         | 25                  | 25                | 25                          | 25                              | 0                          |
| Books                                     | 150                 | 162               | 162                         | 150                             | -12                        |
| Newsletter & Directory                    | 425                 | 443               | 550                         | 500                             | -50                        |
| Postage                                   | 325                 | 202               | 270                         | 290                             | 20                         |
| Children's Programs                       | 350                 | 0                 | 200                         | 200                             | 0                          |
| Gifts to Young Friends                    | 75                  | 50                | 50                          | 50                              | 0                          |
| Peace & Social<br>Concerns Comm.          | 0                   | 0                 | 0                           | 100                             | 100                        |
| Miscellaneous                             | 100                 | 100               | 100                         | 170                             | 70                         |
| Friends Journal<br>Advertisement          | 0                   | 139               | 139                         | 30                              | -109                       |
| <b>SUBTOTAL -<br/>EXPENSES</b>            | <b>5650</b>         | <b>5322</b>       | <b>5696</b>                 | <b>5815</b>                     | <b>119</b>                 |
| AFSC-National                             | 300                 | 300               | 300                         | 300                             | 0                          |
| AFSC-Vermont                              | 100                 | 100               | 100                         | 150                             | 50                         |
| ACCAG                                     | 400                 | 400               | 400                         | 400                             | 0                          |
| Clergy Rent Fund                          | 125                 | 125               | 125                         | 125                             | 0                          |
| FCNL                                      | 100                 | 100               | 100                         | 100                             | 0                          |
| QUNO                                      | 50                  | 50                | 50                          | 50                              | 0                          |
| FGC                                       | 50                  | 50                | 50                          | 50                              | 0                          |
| Quaker Camps<br>& Conferences             | 250                 | 200               | 250                         | 250                             | 0                          |
| Alternatives To<br>Violence Program       | 125                 | 125               | 125                         | 125                             | 0                          |
| Habitat for Humanity<br>of Addison County | 50                  | 50                | 50                          | 100                             | 50                         |
| Contingencies                             | 200                 | 380               | 380                         | 300                             | -80                        |
| <b>SUBTOTAL -<br/>BENEVOLENCES</b>        | <b>1750</b>         | <b>1880</b>       | <b>1930</b>                 | <b>1950</b>                     | <b>20</b>                  |
| <b>GRAND TOTAL<br/>EXPENDITURES</b>       | <b>7400</b>         | <b>7202</b>       | <b>7626</b>                 | <b>7765</b>                     | <b>139</b>                 |
| <b>DONATIONS</b>                          | <b>7400</b>         | <b>6774</b>       | <b>7700</b>                 | <b>7800</b>                     | <b>100</b>                 |





It has been a quiet month at Middlebury Friends Meeting, where all the men are strong and silent, all the women are gracious and capable, and every child is above average in happiness and energy. As of the time of this writing, ANN TAYLOR is looking desperately for a place to live. She has to move from her present location on Green Mountain Place within weeks. If anyone has a lead for Ann, please call her immediately. It is a great treat to have YONNA McSHANE at meeting. Her address is listed below. On May 7 JERRY McBRIDE was one of three musicians playing works of Brahms and Tchaikovsky at the Concert Hall of the Center for the Arts. Jerry was featured in a Brahms Sonata for Clarinet and Piano, and in a Brahms Trio for Clarinet, Cello and Piano. He gave an excellent performance. The concert was dedicated to Judy McBride, Jerry's mother who has been seriously ill. The local newspapers have three excellent letters concerning the Death Penalty and the scheduled execution of Timothy McVeigh. The authors were WIN and JOANNA COLWELL, JOHN VINCENT, and FAITH LOWELL, MIMI LOVE-NICHOLSON, BECKY HOLMES, RUTH BARENBAUM, MEG LANGWORTHY, LAURA ASERMILY, AND BILL SCHNEIDER. We hope that the letters will influence a change in the present situation. The children of ABI and BILL SESSIONS are passing major life milestones at a rapid pace. MYRA is graduating this June from Wesleyan University, HANNAH is being married, also in June, and JONATHAN is heading for Kenyon College in Ohio this fall, after a year working as an intern at schools in Salisbury and Middlebury. He has also been working at The Waybury Inn evenings. Still on the college graduation front, SARAH McGRATH is finishing her studies at Bates College, CHRIS PUTNAM at Marlboro College, ADRIEN MOSELEY at Hamilton College, and her brother, DAMON, from Vermont Technical College. It is exciting to watch these young people who grew up in our Meeting moving out into the world. Chris Putnam prior to graduation had a wonderful exhibition of her "Senior Plan" work in the Marlboro art gallery. It included twenty glass sided boxes with stained glass representations of insects, a six panel framed stained glass version of the birth of the universe, and several other pieces. LAURA ASERMILY and BILL SCHNEIDER were busy on May 20 at the Bridport Day Celebrations, an annual festive town event. Also busy lately has been SAS CAREY who has been taking her Mongolian teacher of medicine around Vermont where they have led various seminars and meetings. JOANNA COLWELL has been in California teaching classes in Yoga and woman's health. OLIVE and TED COLWELL made a weeklong trip to Minnesota to visit their daughter, Sally, and her family. They were able to spend four days in the Boundary Waters Canoe Area where they discovered that spring had not yet gotten that far north and the region was about three weeks behind the Twin Cities. Recently HOBART POPICK and his wife, JENNIFER, had a trip to the southern states, during which they visited the three grandmothers of Hobart.

In addition to the above, we have a long letter full of news from STEVE SPENSLEY, which explains why the family has not been able to be at Meeting lately. We quote:

“I’m sorry we’ve been so out of touch with Meeting lately, amazing how things continue to be busy around here despite the fact that two of our kids are away! This was ELLY’S last year skiing for Williams and we spent numerous weekends at the college carnival races. This year she also qualified for NC Double As and so the season was even longer than usual- quite an exciting way to wind things up! Around that there was a lot of work in the fall at the camps cutting wood and, just lately, trying to save cabins from collapsing under the snowloads (unfortunately some buildings were still lost so now there is a lot of rebuilding to be done before the season opens).

You asked about COLIN; he is currently a junior at the Stafford Vocational School, in Rutland, in the culinary arts program that he is really liking. He will return to Otter Valley in the fall to finish his senior year. He continues to be very active in Otter Valley’s drama department. This summer he will be on full staff at Camp Sangamon working on their waterfront.

Elly is graduating from Williams College with a double major in Geology and Anthropology. She was also certified to teach level 1 Suzuki flute. At this point she is looking for work for next year and then is planning on grad school. She will be spending her third summer in Guatemala working at a Maya archaeological site.

ROBB is finishing up his sophomore year at Clark University, in Worcester, MA, pursuing a major in communications. He had been playing on there Varsity baseball team but, after a lot of soul searching, decided he just didn’t feel competitive enough to continue. He has been much happier playing a variety of intramurals and becoming more involved with writing songs and playing guitar. He will be working at a camp on Cape Cod this summer.

KIM and I continue teaching at Barstow, in Chittenden. As soon as school ends we’ll start working at Camp Betsey Cox. My band finally put out a CD! If anyone is curious it can be had, by writing to me, for \$12 (which includes postage). We’ll also be playing a contradance in Bristol on May 26th.

So all in all things are going well for us. The only sad thing has been the recent death of my mother, Myrna, from ovarian cancer. When things took a turn for the worse I was able to get to Iowa, my home state, in time to spend some wonderful hours talking with her before

she peacefully passed away. I was so thankful for that. She left a great legacy of love and generosity which has been an inspiration to everyone in my family. Despite the loss we all are feeling it was a very affirming experience for us to be surrounded by family; feeling those bonds and feeling the commitment of carrying on that legacy- life goes on!

Please give my best to everyone in Meeting, I think of you all often and continue to draw strength from the Circle.”

Please add to your copy of the MFM Directory the following:

Yonna McShane  
211 Dallinger Road  
New Haven, VT 05472  
(802) 545-2356

Ruth Barenbaum  
barenba@middlebury.edu

- Ted Colwell

## MIDDLEBURY FRIENDS MEETING

### Religious Society of Friends (Quakers)

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#### Co-Clerks

Priscilla Baker (388-8024)  
Jean Rosenberg (388-6453)

#### Ministry and Counsel Committee

Donna Belcher  
Marshall Hoagland  
Jerry McBride  
Grace McGrath  
Jann Grace Seale  
David Tier

#### Treasurer

Olive Colwell (388-3632)  
1 Lower Plains Rd,  
E. Middlebury, VT 05740

#### Recording Clerk

Laura Asermily

#### Newsletter Mailing

Ruth Barenbaum  
Olive Colwell  
Ted Colwell

**Newsletter Editor** Winslow Colwell (388-1961, winslow@well.com)

**MIDDLEBURY**   
**FRIENDS MEETING**

278 Washington St.  
Middlebury, VT 05753

Meeting for Worship  
10:00 AM every First Day  
Parent/Child Center, 11 Monroe Street, Middlebury  
[www.middlebury.edu/~jmcbride/mfm.htm](http://www.middlebury.edu/~jmcbride/mfm.htm)

Please send newsletter submissions to the address above  
or to [winslow@well.com](mailto:winslow@well.com)  
*cover painting by Winslow Cotwell*